



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

A RUN TO REMEMBER

Memorial Day 5K Run/Walk OLD TOWN-ORONO YMCA

Because our service men and women who died during active duty should never be forgotten, the Old Town-Orono YMCA is proud to host this annual Memorial Day 5K. It's a great chance to get out and be active as a family while teaching kids about the sacrifices others have made.

- First 50 registrants receive a free T-shirt
- All proceeds go to benefit the Y's Scholarships for Veterans.
- To register, visit otoymca.org and click on Memorial Day 5K Run/Walk or stop by the Y at 472 Stillwater Ave. in Old Town. We **must** have a registration form filled out and signed in order for you to participate.

WHEN: Monday, May 29

TIME: 8 a.m. - Registration

9 a.m. - Race Starts

COST: Pre-registration - \$8, student; \$10, adult; \$15, family

Race Day Registration - \$10, students; \$15, adult; \$20, family

LOCATION: Race starts and ends at Old Town-Orono YMCA

See reverse side for race course

Old Town - Orono YMCA
472 Stillwater Avenue, Old Town ME 04468
207.827.9622 www.otoymca.org

Stay Connected with the Y on Social Media





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Memorial Day 5K Run/Walk Race Route

Start: Old Town-Orono YMCA Parking Lot

- ⇒ Left onto Stillwater Avenue from YMCA Parking Lot.
- ⇒ Left onto the Bike Path
- ⇒ Straight onto Lincoln Street and follow it around the corner and up the hill.
- ⇒ Right onto Jefferson Street at the top of the hill.
- ⇒ Straight down Jefferson until you reach Center/Stillwater.
- ⇒ Left turn onto Center Street and straight onto Stillwater Avenue to return to the YMCA.

End: Old Town-Orono YMCA Parking Lot



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OLD TOWN-ORONO YMCA Memorial Day 5k A Run to Remember Monday, May 29

Registration: 8 a.m.
Race Start: 9 a.m.

Pre-registration - \$8, student; \$10, adult; \$15, family
Race Day Registration - \$10, students; \$15, adult; \$20, family

The First 50 participants to register will receive a free T-shirt!

A limited number of T-shirts will be available to purchase for \$12.

We **must** have a registration form filled out and signed in order for you to participate.

Mail or drop off registration forms and payment to:

Old Town-Orono YMCA
Attn: Shawn Demaray
472 Stillwater Ave.
Old Town, ME 04468

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Name: _____ Sex: M or F DOB: _____
Address: _____ Shirt Size: **ADULT S M L XL YOUTH S M L XL**
Town/City: _____ Phone: _____
State: _____ Zip: _____ Email: _____

I hereby understand that the Old Town-Orono YMCA and its representatives; the sponsor, their associates and representatives are not to be held responsible for damages or injuries to me. I hereby agree to hold the above parties harmless for direct or indirect damages or injuries which I may incur arising from the Old Town-Orono Memorial Weekend 5K. I also give my permission to the media to use my name and/or picture for publication without limitations. Parent or guardian must sign if runner is under the age of 18.

Signature of racer or lead guardian

Date